









Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni served with potato wedges</p>	<p>Homemade Meatballs Seasoned fresh minced beef and minced pork made into balls and baked in the oven and served in a homemade tomato sauce and served on a bed of noodles</p>	<p>Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Lasagne Fresh mince beef cooked with tomatoes, onions, bay leaves, and stock, layered with lasagne pasta and topped with a béchamel sauce and baked in the oven until golden.</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p>
Served with				
Sweetcorn	Broccoli	Cabbage & Carrots	Green Beans	Peas or Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
And for dessert				
Iced Fingers	Apple and Jam Turnovers	Jelly & Cream	Melting Moments	Victoria Sponge
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				






Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Brunch Choose from either bacon or Quorn sausage served with scrambled eggs, baked beans and crusty bread</p>	<p>Homemade Burgers Choose from a homemade beef burger or a vegetable burger served on a bun with homemade potato wedges</p>	<p>or Roast Dinner Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Creamy Chicken Curry Fresh chicken pieces cooked with cumin, ginger, garlic, chilli, coriander, coconut milk and natural yogurt served on a bed of rice with Naan bread</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or a homemade salmon fishcake, all baked in the oven & served with chips</p>
			<p>or Sweet Potato & Lentil Curry Sweet potato and red lentils cooked with spices and served on a bed of rice with Naan bread</p>	
Served with				
Mushrooms and Tomatoes	Broccoli	Green Beans	Carrot and Swede and/or Cabbage	Peas or Baked Beans
or				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
				
And for dessert				
Chocolate Cookie	Frozen Fruit Smoothies	Flapjack	Eton Mess	Black Forest Gateaux
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And Finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				



Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage & Mash Choose from either a butcher's quality sausage or a Quorn sausage served on a bed of homemade mashed potato with gravy</p>	<p>Spaghetti Bolognaise Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, mushrooms and herbs, served on a bed of spaghetti with a slice of garlic bread</p>	<p>Roast Dinner Choose from either home roasted joint of gammon or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy</p>	<p>Smothered Chicken Choose from either a fresh chicken breast or a Quorn fillet topped with barbeque sauce and cheese then baked until golden, served with savoury rice</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p>
Served with				
Peas	Broccoli	Green Beans	Cauliflower & Carrots	Peas and Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Iced Sponge	Shortbread	Mousse	Ice Cream	Chocolate Cake and Chocolate Sauce
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And Finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				