






Week 1

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| <p>Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni served with potato wedges</p> | <p>Sausage Casserole Butchers sausages, cooked with onions, Tomatoes, Beans, potatoes, Leeks and smoked paprika. Served with a crusty baguette.</p> | <p>Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p> | <p>Mac & Cheese Cooked macaroni pasta combined in a cheese sauce and topped with extra cheese and baked in the oven until golden served with salad</p> | <p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p> |
| Served with | | | | |
| Sweetcorn | Broccoli | Cabbage & Carrots | Green Beans | Peas |
| <i>or</i> | | | | |
| <p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p> | | | | |
| <i>or</i> | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> | | | | |
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| And for dessert | | | | |
| Iced Fingers | Raspberry Buns | Jelly | Melting Moments | Victoria Sponge |
| Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert. | | | | |
| And Finally a drink | | | | |
| <p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p> | | | | |






Week 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| <p>Chilli Nachos Choose from minced beef or Quorn mince cooked with a mild chilli powder, onions, tomatoes and red kidney beans, then topped with tortilla chips and cheese and baked in the oven until golden</p> | <p>Beef Stew Chunks of fresh beef cooked slowly with onions, potatoes, carrots and leeks in stock until tender and served with crusty bread</p> | <p>Roast Dinner Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p> | <p>Cornflake Chicken Fresh chicken fillets or Quorn fillets dipped in beaten egg and coated in crushed cornflakes then baked in the oven until golden, served with homemade potato wedges</p> | <p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or a homemade salmon fishcake, all baked in the oven & served with chips</p> |
| Served with | | | | |
| Sweetcorn | Broccoli | Green Beans | Baked Beans | Peas |
| <i>or</i> | | | | |
| <p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p> | | | | |
| <i>or</i> | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> | | | | |
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| And for dessert | | | | |
| Chocolate Cookie | Frozen Fruit Smoothies | Flapjack | Rice Pudding | Black Forest Gateaux |
| Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert. | | | | |
| And Finally a drink | | | | |
| <p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p> | | | | |



Week 3

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>Sausage & Mash Choose from either a butcher's quality sausage or a Quorn sausage served on a bed of homemade mashed potato with gravy</p> | <p>Spaghetti Bolognaise Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, mushrooms and herbs, served on a bed of spaghetti</p> | <p>Roast Dinner Choose from either home roasted joint of gammon or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy</p> | <p>Cottage Pie Choose from fresh minced beef or soya mince cooked with onions, carrots and stock until a rich gravy is formed then topped with homemade mashed potato and baked in the oven until golden</p> | <p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p> |
| Served with | | | | |
| Peas | Broccoli | Green Beans | sweetcorn | Peas |
| <i>or</i> | | | | |
| <p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p> | | | | |
| <i>or</i> | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> | | | | |
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| And for dessert | | | | |
| Iced Sponge | Ginger bread biscuits | Mousse | Cheese cake | Ice Cream |
| <p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p> | | | | |
| And Finally a drink | | | | |
| <p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p> | | | | |