









# Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Pizza Day</b> A selection of homemade pizza served with potato wedges. Choose from Cheese &amp; Tomato, Ham &amp; Pineapple or Pepperoni served with potato wedges</p>	<p><b>Sausage Casserole</b> Butchers sausages, cooked with onions, Tomatoes, Beans, potatoes, Leeks and smoked paprika. Served with a crusty baguette.</p>	<p><b>Roast Dinner</b> Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p><b>Cheese Pie</b> A homemade pastry case filled with cheese, eggs, onions and milk and baked in the oven until set. Served with homemade mashed potatoes</p>	<p><b>Fish 'Fry-day'</b> Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Sweetcorn</b>	<b>Broccoli</b>	<b>Cabbage &amp; Carrots</b>	<b>Green Beans</b>	<b>Peas</b>
<i>or</i>				
<p><b>Jacket potatoes &amp; Panini's – Served Monday to Thursday ONLY</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<i>or</i>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<b>And for dessert</b>				
<b>Iced Fingers</b>	<b>Raspberry Buns</b>	<b>Jelly &amp; Cream</b>	<b>Melting Moments</b>	<b>Victoria Sponge</b>
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And finally a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				






# Week 2



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Chilli Nachos</b> Choose from minced beef or Quorn mince cooked with a mild chilli powder, onions, tomatoes and red kidney beans, then topped with tortilla chips and cheese and baked in the oven until golden</p>	<p><b>Beef Stew</b> Chunks of fresh beef cooked slowly with onions, potatoes, carrots and leeks in stock until tender and served with crusty bread</p>	<p><b>Roast Dinner</b> Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p><b>Cornflake Chicken</b> Fresh chicken fillets or Quorn fillets dipped in beaten egg and coated in crushed cornflakes then baked in the oven until golden, served with homemade potato wedges</p>	<p><b>Fish 'Fry-day'</b> Choose from a battered cod fillet, breaded cod fillet fingers or a homemade salmon fishcake, all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Sweetcorn</b>	<b>Broccoli</b>	<b>Green Beans</b>	<b>Baked Beans</b>	<b>Peas</b>
<i>or</i>				
<p><b>Jacket potatoes &amp; Panini's – Served Monday – Thursday ONLY</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<i>or</i>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<b>And for dessert</b>				
<b>Chocolate Cookie</b>	<b>Frozen Fruit Smoothies</b>	<b>Flapjack</b>	<b>Rice Pudding</b>	<b>Black Forest Gateaux</b>
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</p>				
<b>And finally a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				



# Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Sausage &amp; Mash</b> Choose from either a butcher's quality sausage or a Quorn sausage served on a bed of homemade mashed potato with gravy</p>	<p><b>Spaghetti Bolognese</b> Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, mushrooms and herbs, served on a bed of spaghetti</p>	<p><b>Roast Dinner</b> Choose from either home roasted joint of gammon or a Quorn fillet, served with Yorkshire pudding, roast potatoes &amp; gravy</p>	<p><b>Cottage Pie</b> Choose from fresh minced beef or soya mince cooked with onions, carrots and stock until a rich gravy is formed then topped with homemade mashed potato and baked in the oven until golden</p>	<p><b>Fish 'Fry-day'</b> Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Peas</b>	<b>Broccoli</b>	<b>Green Beans</b>	<b>sweetcorn</b>	<b>Peas</b>
<i>or</i>				
<p><b>Jacket potatoes &amp; Panini' s– Served Monday – Thursday ONLY</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<i>or</i>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
<b>And for dessert</b>				
<b>Iced Sponge</b>	<b>Ginger bread</b>	<b>Mousse</b>	<b>Cheese cake</b>	<b>Ice Cream</b>
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</p>				
<b>And finally a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				