



Children & Young People's Out of Hours Advice Line

Are you worried about a young person's mental health? Would it help to talk to mental health professional?

You can now access mental health advice and support outside of usual working hours by calling the *CYP Out of Hours Advice Line* on

0151 488 8453

This service is available
**Monday to Friday 9am to
10pm**

Saturday & Sunday 12 to 8pm

