

Curriculum Intent Statement for Physical Education (PE)

Curriculum Intent

The intent of Pensby Primary's Physical Education curriculum is to inspire all children to succeed and excel in competitive sport and other physically-demanding activities. Physical Education will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities will be offered to all children in order to build character and help to embed values such as fairness and respect.

Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential.

We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

Implementation

Each child receives 2 hours of curriculum time PE on a weekly basis which is carefully planned and mapped out to ensure a broad and full range of skills and activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons.

Children in Years 4, 5 and 6 attend swimming lessons at the swimming pool in Stanley School, where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.

In addition to PE in curriculum time, we also strive to provide opportunities for children to access extracurricular physical activity through a wide range of sporting and active clubs. at both KS1 and KS2 but is embedded further throughout the school day, utilising the children's language development and allowing for further opportunities to develop language skills across the whole curriculum.

We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment

Aims

Our curriculum aims to ensure that all pupils:

- develop their fundamental movement skills
- improve their agility, balance and coordination
- lead PE and participate in PE games with increasing confidence, developing their own speaking and listening skills
- acquire useful PE vocabulary and knowledge that will assist in future PE activities at KS3 and beyond
- develop an enthusiasm for fitness and understand the importance of good diet and exercise

Impact

All children receive a broad and balanced PE curriculum regardless of year group or ability. Every child will access all of the key areas of the subject on offer at our school. Teachers plan PE with clear progression of skills and knowledge that we have devised as part of our curriculum offer to ensure that all children access it at an age-appropriate level.

As well as our regular PE lessons, we hold daily opportunities for physical activity such as The Daily Mile and playground games at lunchtimes. The children have the opportunity to take part in competitions throughout the school year against other local schools.

EYFS

In EYFS, children begin to improve their fundamental movement skills and teachers begin to consider the development of agility, balance and coordination for each child.

Key Stage One

Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics.

Key Stage Two

Pupils in KS2 continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions where their successes in sports are celebrated.

Cross Curricular Links

Wherever possible, meaningful links are made to other areas of the curriculum in terms of children's physical and mental wellbeing.

Integration

Small supported groups of children are targeted specifically to improve their fitness levels and are given additional PE time each week. The children are individually challenged and enjoy taking responsibility for their own development over the course of a school term or school year.

Enrichment Opportunities

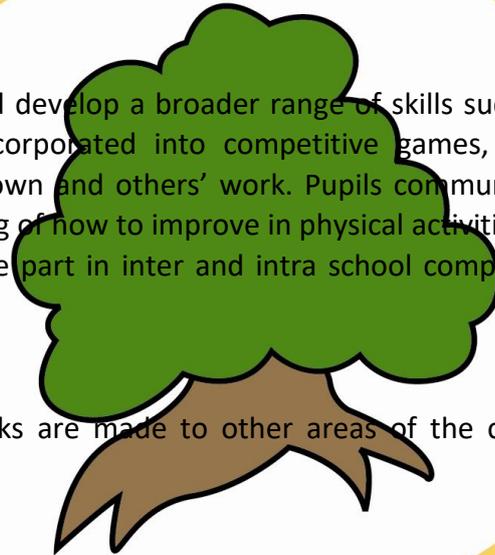
The PE curriculum is enriched in a variety of ways, including:

- additional "Commando Joe" PE lessons for children.
- focus on wellbeing and mindfulness, including introduction of Yoga lessons and breathing exercises.

Progression and Assessment

EYFS

Regular observations and assessments of learning are recorded using an online journal (Seesaw) and contribute to a summative assessment.



KS1 and KS2

Formative assessments of pupils' learning are made and assessed through observations and shared as evidence on Seesaw. These assessments contribute to a summative judgement at the end of each term against the PE statements found on Classroom Monitor.

