

Pensby Primary School



Personal Development and Relationship Education (including Sex Education)

Mrs K Brown- September 2020

Reviewed&Updated by Mrs M.Toal October 2021

The personal development and relationship policy at Pensby Primary School underpins and supports the development of our positive and inclusive ethos. We aim to give pupils the skills and confidence to:

Personal and Social skills

- Learn to manage their emotions and relationships confidentially and sensitively;
- Develop self-respect and empathy for others;
- Learn to make choices with an absence of prejudice;
- Develop an appreciation of the consequences of choices made;
- Manage conflict;
- Be empowered with skills to recognise inappropriate/uncomfortable situations and/or behaviours with their peers and adults.

Attitudes and Values;

- Learn the importance of values, individual conscience and moral choices;
- Learn the value of family life, stable and loving relationships;
- Learn about the nurture of children;
- Explore, consider and understand moral dilemmas;
- Develop skills including negotiation and decision-making skills;
- Appropriately challenge misconceptions.

Knowledge and understanding

- Learn and understand physical and emotional development and steps;
- Understand physical and emotional changes and the development of relationships;
- Learn about reproduction, human sexuality and personal health;
- Learn where to go for help and advice in school and how to access a range of local and national support agencies.

Through these aims we strive to give pupils balanced, factual information about physical and emotional changes, together with consideration for broader emotional, ethical, religious and moral dimensions of sexual health. Our PSHE programme prepares pupils through an age and maturity appropriate curriculum, which will prepare them for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgement and behaviour;
- Have the confidence and self-esteem to value themselves and others and have respect for individual conscience and the skills to judge what kinds of relationships they want;
- Understand the consequences of their action and behave responsibly within relationships and developing relationships;
- Recognise and avoid being pressured into uncomfortable or dangerous situations;
- Communicate effectively by developing appropriate terminology for sex and relationship issues;
- Develop awareness of their sexuality, understand differences and promote equality and diversity;
- Have sufficient information and skills to protect themselves from infection;
- Be aware of sources of help and acquire the skills and confidence to access health advice and support.

Organisation and content of curriculum

At Pensby Primary School, this element of the curriculum is taught using the KAPOW programme of work and also through the science programme of work, that follows The National Curriculum. Please refer to the intent statement, policy and long term plan for details.

Any personal development or sex education lesson may have content that could be considered sensitive. Before embarking on any such lessons, ground rules will be established that prohibit inappropriate personal information being requested or shared by those taking part in the lesson. When pupils ask questions, we aim to answer them honestly, within the ground rules established at the beginning of the lesson.

Remote Learning

In line with our Remote Learning Policy, the skills and knowledge in Personal Development, Relationships and Sex Education is taught through SeeSaw and will include a range of pre-recorded videos, model lessons, worksheets and activities as appropriate.

Inclusion

Ethnic and Cultural groups

We intend our policy to be sensitive to the needs of different ethnic, cultural and religious groups. We encourage parents/carers to discuss any concerns with the headteacher.

Pupils with SEND

We will ensure that pupils receive age appropriate sex and relationship education, and we will offer provision appropriate to the particular needs of the pupils, taking advice where necessary.

Sexual Identity and Sexual Orientation

We aim to deal sensitively and honestly with the issues of sexual orientation/identity, answering appropriate questions and offering support.

Right of Withdrawal of pupils from Relationship and Sex Education

From September 2020, there is new legislation that means that:

- Parents/carers will not be able to withdraw their child/ren from Relationships Education in Primary School;
- Parents will be able to withdraw their child/ren from primary school classes which address sex education i.e. those that do not sit within the Relationships Education curriculum;
- Maintained primary schools are required to teach the National Curriculum for Science, which includes some elements of sex education. Parents do not have a right to withdraw from this;
- Schools will continue to be required to produce policies on these subjects for parents, and statutory guidance will continue to set out that schools should consult with parents on these policies to ensure they are feeding in their views;

Confidentiality

It should be made clear to pupils that adults in school cannot guarantee absolute confidentiality, if a safeguarding or health and welfare issue is raised. This should be made clear at the start of lessons in the ground rules.

Safeguarding

A child under 13 is not legally capable of consenting to any sexual activity. Any offence under The Sexual Offences Act 2003 involving a child under 13 is very serious and should be taken to indicate significant harm to the child. Cases will always be referred to the schools safeguarding lead.

Monitoring and Evaluation of personal development education

It is the responsibility of the headteacher and leadership team to oversee the organisation, monitoring and evaluation of PSHE, in the context of the overall school plans for monitoring teaching and learning.

The Governing Body is responsible overseeing, reviewing and organising the revision of the Relationships and Sex Education policy.

Policy Review

This policy will be reviewed annually.