

Curriculum Statement for Physical Education (PE)

Curriculum Intent

The intent of Pensby Primary's Physical Education curriculum is that all children can achieve the aims of the national curriculum through a broad, balanced and progressive curriculum.

To provide opportunities for pupils to become physically confident in a way that supports their health, fitness and wellbeing. Opportunities to compete in sport and other activities will be offered to all children in order to build character and help to embed values such as fairness and respect.

Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential.

We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

Implementation

Each child receives 2 hours of curriculum time PE on a weekly basis which is carefully planned and mapped out to ensure a broad and full range of skills and activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons.

Children in Years 4, 5 and 6 attend swimming lessons at the swimming pool in Stanley School, where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.

In addition to PE in curriculum time, we also strive to provide opportunities for children to access extracurricular physical activity through a wide range of sporting and active clubs.

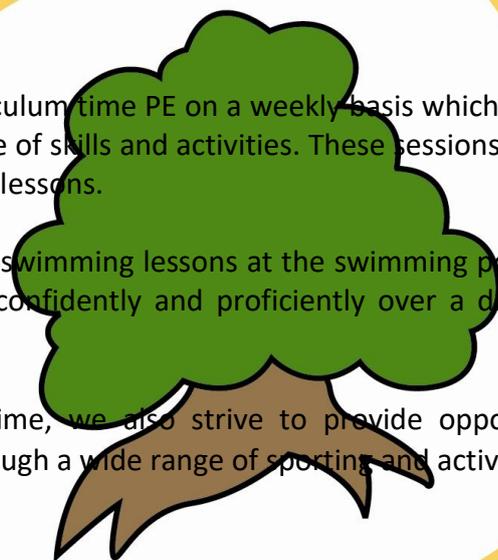
We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment

Aims

Our curriculum aims to ensure that all pupils:

- develop their fundamental movement skills
- improve their agility, balance and coordination
- participate in PE games with increasing confidence, developing their own speaking and listening skills
- acquire useful PE vocabulary and knowledge that will assist in future PE activities at KS3 and beyond
- develop an enthusiasm for fitness and understand the importance of good diet, exercise and wellbeing



Impact

All children receive a broad and balanced PE curriculum regardless of year group or ability. Every child will access all of the key areas of the subject on offer at our school. Teachers plan PE with clear progression of skills and knowledge as part of our curriculum offer to ensure that all children access it at an age-appropriate level.

As well as our regular PE lessons, we hold daily opportunities for physical activity such as The Daily Mile and playground games at lunchtimes. The children have the opportunity to take part in competitions throughout the school year against other local schools.

EYFS

In EYFS, children begin to improve their fundamental movement skills and teachers begin to consider the development of agility, balance and coordination for each child.

Key Stage One

Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through a variety traditional and new sports.

Key Stage Two

Pupils in KS2 continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions where their successes in sports are celebrated.

Cross Curricular Links

Wherever possible, meaningful links are made to other areas of the curriculum in terms of children's physical and mental wellbeing.

Remote Learning

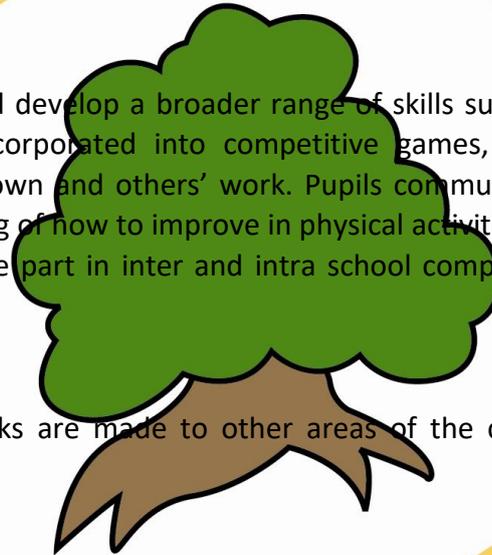
In line with our Remote Learning Policy, the skills and knowledge in Physical Education is taught through PE Passport and Seesaw. Subject Leaders will support Teachers in adapting 'purpose and user' outcomes so that projects are accessible and achievable in a home environment in line with the National Curriculum.

Integration

Small supported groups of children are targeted specifically to improve their fitness levels and are given additional support in PE each week. The children are individually challenged and enjoy taking responsibility for their own development over the course of a school term or school year. Small supported groups of children from Stanley Special School are welcomed into Physical Educational activities and staff work with the Integration Lead from Stanley Special School to ensure the health and safety of everyone.

Enrichment Opportunities

The PE curriculum is enriched in a variety of ways, including:



- provide opportunities to take part in extracurricular activities and experience those very important skills of winning and losing; alongside developing a sporting attitude
- focus on wellbeing and mindfulness, including introduction of Yoga lessons and breathing exercises.
- Introducing new and different sports to maintain interest and boost motivation
- Sporting achievements celebrated in school assemblies or via Seesaw
- Visits to Pensby High School (Year 5 & 6) to participate in a number of sporting activities

Progression and Assessment

EYFS

Regular observations and assessments of learning are recorded using PE Passport after each lesson and at the end of each unit of learning which contributes to formative and summative assessments. EYFS children are assessing against age and stage related outcomes in the Early Learning Goals.

KS1 and KS2

Formative assessments of pupils' learning and progression of skills are made and assessed through observations and shared as evidence on PE Passport using the principles of AFL. Summative assessments can then be made at the end of each unit against children's ability to perform; their Personal and Social Development and their attainment in competing using the formative assessments gathered over the course the unit and can then be transferred into DOL.

